

eakin Wound Pouches™

How do they promote
Quality of Life?

Case Study series | volume 1



Restoring Confidence and Improving Quality of Life

eakin Wound Pouches™ have enabled many patients living with highly exuding wounds to benefit from an **improved quality of life**. In many cases, confidence can be restored, normal activities resumed, and many can return home from hospital.



But when should you reach for an eakin Wound Pouch™?



When exudate is more than 100ml in 24 hours,^{1,2,3}



When 'strike-through' on a dressing is occurring more than every...

4-6^{1,2,3,4}
hours

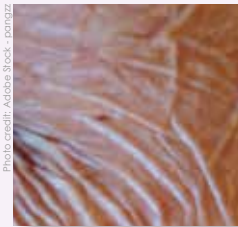
Could be beneficial should one of the following physiological risks be present:



BLEEDING^{5,6,7}



FUNGATING TUMOUR⁷



FRAGILE SKIN



FISTULA FORMATION^{5,6}



EXPOSED BOWEL^{5,7}

6 reasons why an eakin Wound Pouch™ helps to improve Quality of Life

1 promotes **comfort**¹ with its flexible design.

2 contains **odour**.^{2,9,10}

3 enables **greater mobility**^{1,2,6,7} in hospital or at home.

4 **non-invasive, easy** and **quick** to apply and inspect.

5 supports a **safer environment**. No electric leads or tubes.^{5,6,7}

6 **less disruptive** to the patient with **fewer product changes**.

Now let's see where an eakin Wound Pouch™ has successfully improved Quality of Life...

CASE STUDY 1

eakin Wound Pouch™ **enables** patient to be **managed in comfort of own home.**

Case study submitted by:

Sophie Wallace, MercyAscot Hospital,
Auckland, New Zealand

Background:

- 64-year-old male with history of Crohn's disease.
- Ileorectal anastomosis.
- Diagnosed with a left inguinal hernia.
- Complicated recovery with a number of surgeries resulting in a high output enterocutaneous fistula (exceeding 500mls/24 hours).

Care management history:

Fluid losses from high-output fistula easily measured via eakin Wound Pouch™ to maintain a strict fluid balance.

Patient returned to theatre for an abdominal washout, debridement and application of a Negative Pressure Wound Therapy device. However, output repeatedly overwhelmed and blocked the NPWT system, causing leaks.

On reassessment, the ward nursing team reapplied the eakin Wound Pouch™ as the most appropriate product.

Quality of Life benefits provided by eakin Wound Pouch™:

eakin Wound Pouch™ offered a **secure, reliable wound management option** while the wound continued to heal and reduce in size.

The ability to attach a **drainage bag contributed to undisturbed sleep** for the patient which **improved his quality of life.**

The **easily managed** system **promoted independence** and **boosted self-esteem**, while **enabling mobility** without the worry of offensive odours.

The **simple application** method **allowed family to be trained** in its use so that they could **confidently manage** the wound and the patient could **return to the comfort of their own home.**



Product used:

839265 extra large
eakin Wound Pouch™



NEW

'How to Apply' video available
at www.eakin.eu/wound-care

CASE STUDY 2

eakin Wound Pouch™ **restores** confidence and **improves** quality of life.

Background:

- 57-year-old female with history of Inflammatory Bowel Disease.
- Ileostomy since 1986.
- Hysterectomy results in perforation of small bowel and formation of enterocutaneous and colovaginal fistulae.
- Experiences prolonged hospital stay and complex recovery.
- Difficult period trying to manage ileostomy, midline enterocutaneous fistula and colovaginal fistula.
- Fistula repair surgery failed, and fistula remained difficult to manage.
- Patient contacted eakin® to find a solution.



Care management history:

The fistula was difficult to manage due to position on abdominal scar, resulting in persistent leaks. Various fistula solutions had proved ineffective.

The patient contacted eakin® directly for advice and began using an eakin Wound Pouch™.

Quality of Life benefits provided by eakin Wound Pouch™:

The eakin Wound Pouch™ **successfully managed** the problematic fistula.

The **flexible design** conformed to the body's contours to **enable mobility**.

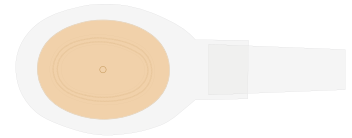
Trust in the product **restored the patient's self-confidence** so that she could return to her **normal activities**.

“
The eakin Wound Pouch™ has been life changing for me... my confidence is restored, and I am going out again.

I have even been swimming with it on with no problems.
”

Product used:

839251 medium eakin Wound Pouch™



Case study submitted by:

Product user, United Kingdom

NEW

'How to Apply' video available at www.eakin.eu/wound-care

CASE STUDY 3

eakin Wound Pouch™ drainage solutions
enable mobility.

Background:

- 67-year-old male.
- High output stoma and fistula located in a deep fold.
- Uncontrollable leakages caused pressure on patient, his wife and care team.
- Housebound for 6 months resulting in a poor quality of life.

Care management plan:

Several care options trialled before finding the following optimum care plan:

- Planned weekly pouch change;
- Stoma and fistula pouched together with one eakin Wound Pouch™;
- eakin **Cohesive**® seals and eakin **Cohesive**® paste used to fill folds and crevices to create an even pouching surface;
- Edges of baseplate filled with paste, accessed via Access Window™;
- eakin Wound Pouch™ connected to a drainage bag to enable patient mobility;
- Care team checked eakin Wound Pouch™ 2-3 times daily, draining fluid as required.



Quality of Life benefits provided by eakin Wound Pouch™:

Care of stoma and fistula **under control** with the eakin Wound Pouch™.

Skin **no longer red or painful** around both areas.

Connection to **continuous drainage reinstated** the **patient's mobility**.

Now mobile, the patient **returned** to a **full and active lifestyle**.

His **anxiety reduced** and his **quality of life increased significantly**.



Products used:

839264 extra large eakin Wound Pouch™ with Access Window™

839010 eakin **Cohesive**® paste

839005 eakin **Cohesive** SLIM®



Case study submitted by:

Joliek Orth en Ilse Van Der Zanden,
Zuidzorg, Valkenswaard, Netherlands

NEW

'How to Apply' video available
at www.eakin.eu/wound-care

CASE STUDY 4

eakin Wound Pouch™ **achieves greater wear time** than wound dressings

Case study submitted by:

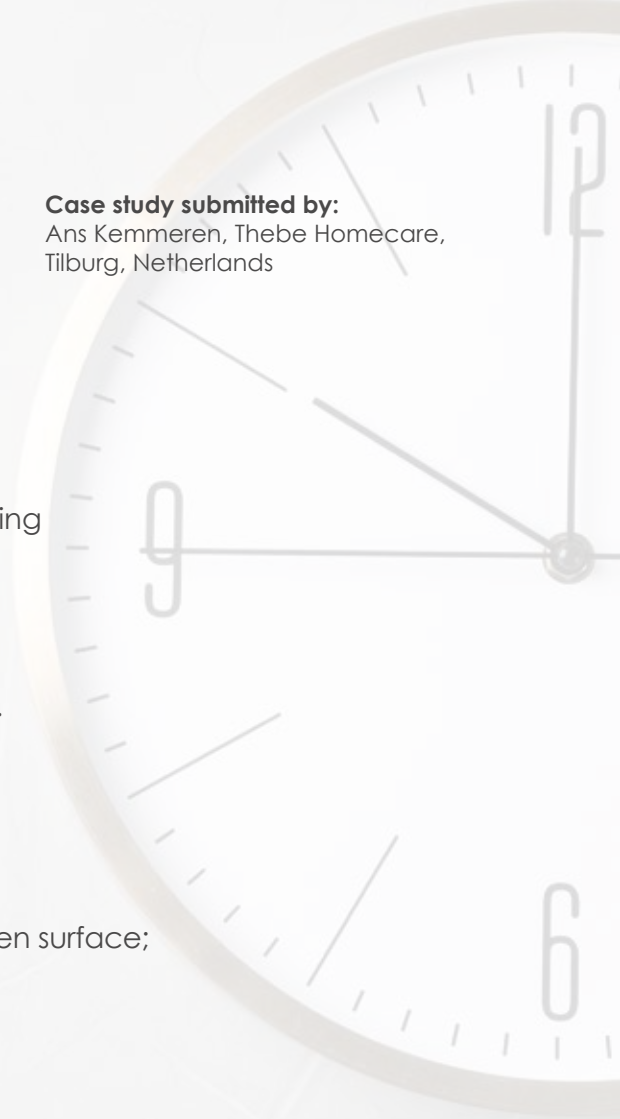
Ans Kemmeren, Thebe Homecare,
Tilburg, Netherlands

Background:

- 88-year-old female.
- High output fistula due to leakage from gall bladder, causing skin irritation and leakages.
- Fistula located in a lower back skin fold.
- Patient has low mobility and poor health.
- The fistula was historically managed by absorbent wound dressings, changed 3 times per week by Community nurses.
- Skin integrity compromised.

New care management plan:

1. Clean and dry the skin well;
2. eakin **Cohesive**® seal used to fill skin folds and create an even surface;
3. Medium eakin Wound Pouch™ applied;
4. eakin Wound Pouch™ drained daily and changed weekly.



Quality of Life benefits provided by eakin Wound Pouch™:

Since using the eakin Wound Pouch™ the patient has **not experienced any leakages or incidences of skin irritation.**

She is **feeling much happier** and **confident** leaving her house without the fear of leakages creating wet patches on her clothes.

Community nurses **change the eakin Wound Pouch™ less frequently** than previous wound management solutions, reducing patient care time and quantity of wound pouches used, while also being **less disruptive** for the patient.



Products used:

839251 medium eakin Wound Pouch™

839005 eakin

Cohesive SLIM®

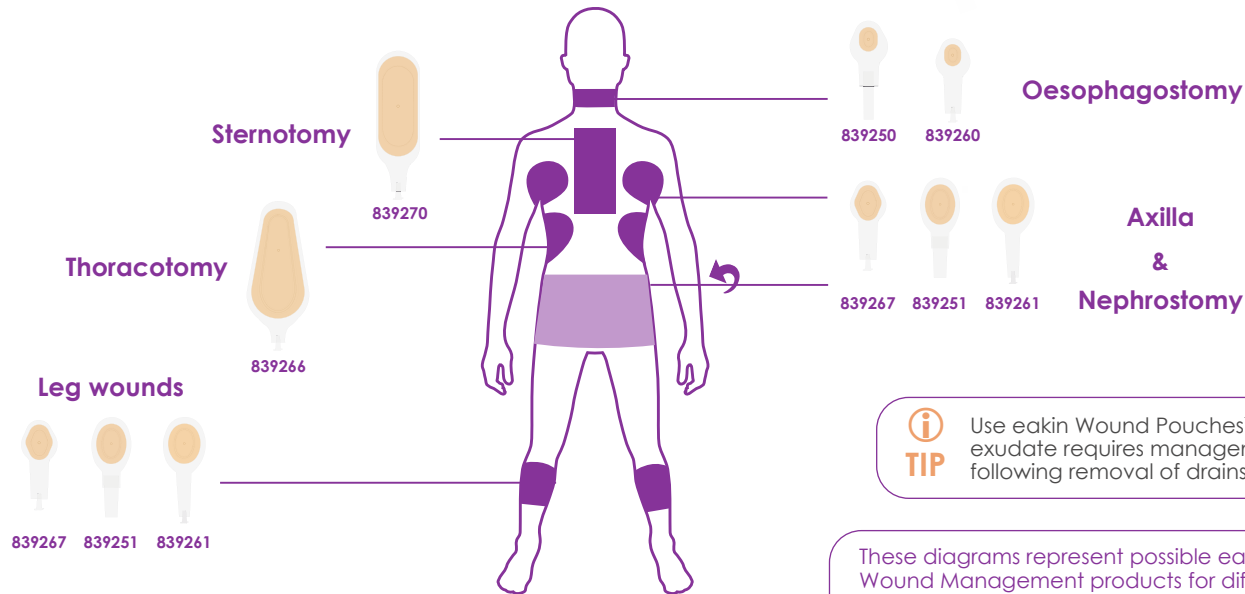


NEW

'How to Apply' video available
at www.eakin.eu/wound-care

eakin Wound Pouches™ ... not just for abdominal wounds

but where else can you use them?



'How to Apply' video available
at www.eakin.eu/wound-care

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TIP Use eakin Wound Pouches™ when exudate requires management following removal of drains.

These diagrams represent possible eakin Wound Management products for different types of injury/surgical procedure/fistula etc.

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1. WOCN Society (2015). Support of Medicare Coverage for Entero-cutaneous Fistulas. 2. McNaughton V. Canadian Association for Enterostomal Therapy (ECF) Best Practice Guidelines for the Management of Enterocutaneous Fistulas. 3. Wound Nursing Management (5th edn). London: Mosby, 2004. 4. Bynart R. A. (2016) Acute and Chronic Wound Nursing Management (5th edn). London: Mosby, 2016. 5. Henderson V., Timmons J., Hurd T., Dearoo K., Maloney S., Sabo S. NPWT in everyday practice Made Easy. Wounds International 2010; 1(5). Available from <http://www.woundinternational.com>. 6. Guy H., Grothier L (2012) Using negative pressure therapy in wound healing. Nursing Times; 108; 36, 16-20. 7. Avelyst J., Willy, C., Fogardah, A.M., et al. Negative Pressure Wound Therapy—overview, challenges and perspectives. J Wound Care 2017; 26; 3. Suppl.3, S1-S13. 8. Rogers Herbert, G. Palliative wound care: Part 2. Wound Care Adviser, 2015; Volume 4; No 2. 9. Hooper, J. How to: Fistula Management Made Easy. Wound Care Education Institute. 10. Bynart, R. A.; (2016) Acute and Chronic Wound Nursing Management (5th edn). London: Mosby: 358