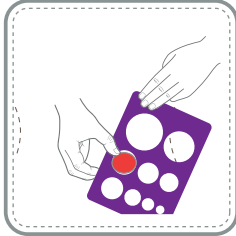


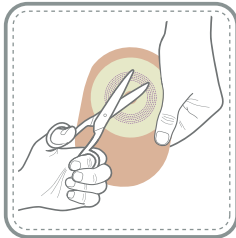
High Output Instructions for use

How to apply your pouch



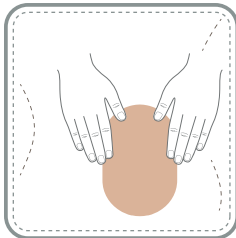
- Choosing the correct size pouch

If your stoma is round then your Pelican pouch may be available in pre-cut sizes which will give you a snug fit. Use the enclosed measuring guide and choose a hole size which is the same, or slightly larger than your stoma.



- Cutting the skin protector
(on cut-to-fit pouches only)

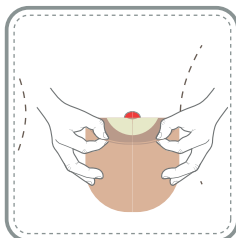
If your stoma is not round or you wish to cut a particular circle, trace the shape onto the release film and cut with a curved scissors.



- Applying the adhesive skin protector

First prepare skin by ensuring the area around your stoma is clean and dry. Remove the release film. Fold back the top of the pouch and locate by placing the lower part of the skin protector below the stoma. Now press the skin protector against your skin and smooth it with your fingers. This also helps to warm the skin protector which improves adhesion.

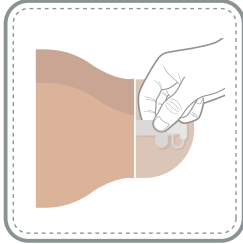
How to remove your pouch



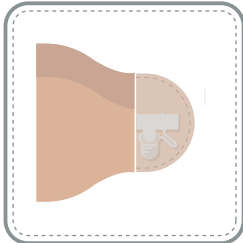
- Peel the skin protector away from your skin

Instructions for use

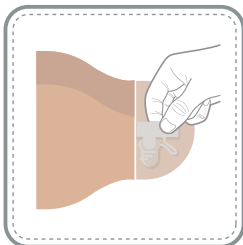
How to drain your pouch



Gently squeeze the outlet to stem the flow of output and then release the bung stopper.

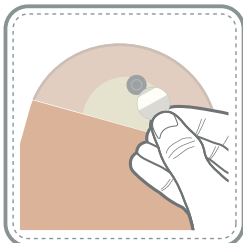


Fold back the stopper and connect to the bung rest. The bung rest is designed to hold the stopper clear of the outlet to aid pouch draining.



Release the outlet to allow the output to pass from the pouch. Once empty, wipe the outlet clean and replace the bung stopper until secure.

How to use the filter covers



These can be used on our colostomy and ileostomy pouches and are normally used when bathing or to prevent 'pancaking' (when the firmer stool stays around the stoma and does not drop into the pouch). A filter cover can be applied by lifting up the split fabric and placing the cover over the filter which can be seen as a dark circle.