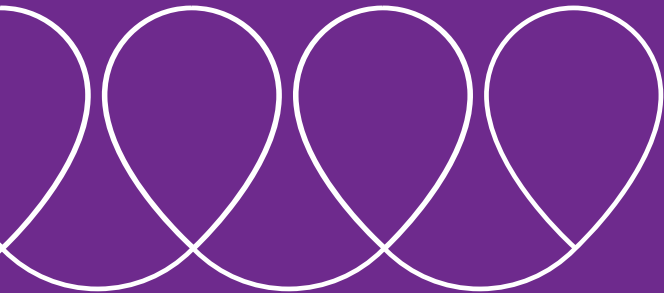


# Instructions for use

Urostomy Pouches



pelican  
HEALTHCARE

# About this product

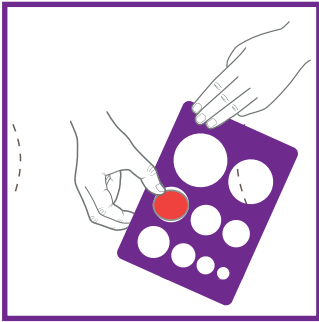
The enclosed Pelican 1-Piece Urostomy pouches are used to collect urine from a stoma. The baseplate attached to the pouch is intended to adhere to intact peristomal skin. Individual wear times may vary.

A convex option may be suitable for retracted, flush or other challenging stomas only after assessment from a stoma care professional.

Our Pelican Urostomy pouches are compatible with our Pelican Night Drainage Pouches.

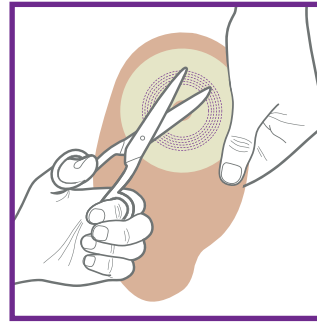
The Pelican Night Drainage pouches can be connected to our Urostomy pouches with a bung outlet without the need for an additional adaptor. The Universal connector allows simple and easy connection to our Urostomy pouches with a tap outlet via the handy adaptor supplied with the Night Drainage pouches.

# How to apply your pouch



## 1. Choosing the correct size pouch

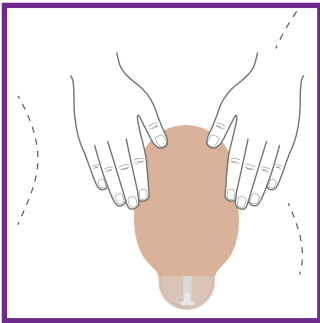
If your stoma is round then your Pelican pouch may be available in pre-cut sizes which will give you a snug fit. Use the enclosed measuring guide and choose a hole size which is the same, or slightly larger than your stoma.



## 2. Cutting the baseplate (on cut-to-fit pouches only)

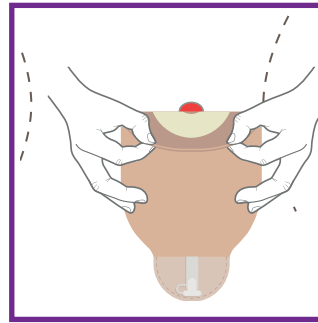
If your stoma is not round or you wish to cut a particular circle, trace the shape onto the release film and cut with a curved scissors.

# How to remove your pouch



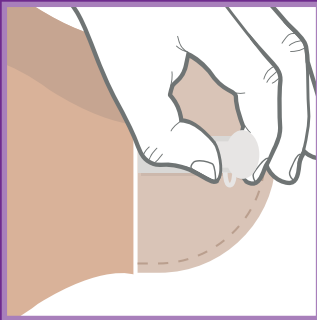
### 3. Applying the adhesive baseplate

First prepare skin by ensuring the area around your stoma is clean and dry. Remove the release film. Fold back the top of the pouch and locate by placing the lower part of the baseplate below the stoma. Now press the baseplate against your skin and smooth it with your fingers. This also helps to warm the baseplate which improves adhesion.



Peel the baseplate away from your skin.

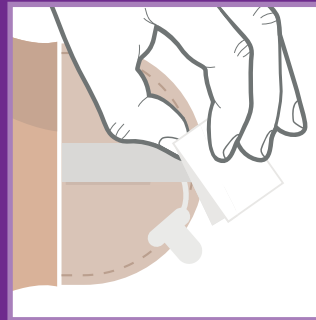
# How to empty your pouch: Bung closure



**1.** Before removing the cap, turn the outlet upwards and squeeze the bung firmly to stop the flow of urine.

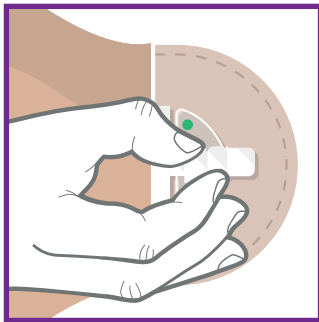


**2.** Continuing to squeeze the bung firmly, release the cap and point the bung towards the toilet. Now release the pressure on the bung so the urine begins to drain from the pouch.

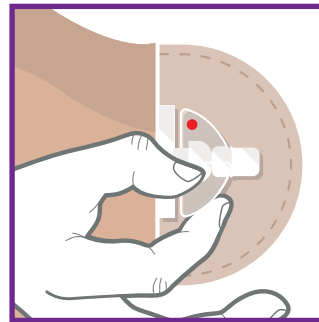


**3.** Ensure the pouch is completely empty, dry the outlet with tissue and replace the cap.

# How to empty your pouch: Tap closure





**1.** Before twisting the tap to open, position the outlet to point towards the toilet. Ensure the green dot is visible, indicating the tap is closed.



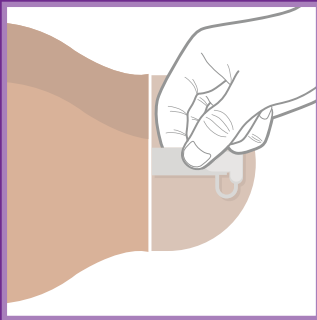
**2.** With the outlet pointing towards the toilet, twist the tap to the open position. The red dot will appear. The urine will now drain from the pouch.



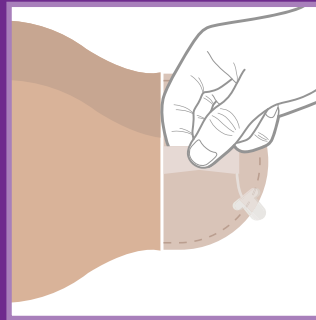
**3.** Ensure the pouch is completely empty, dry the outlet with tissue and twist the tap back to the closed position. The green dot will be visible confirming the tap is closed.

-  Tap closed
-  Tap open

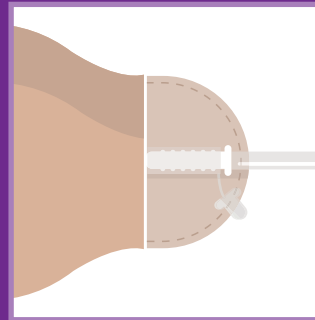
# How to connect your Night Drainage System: Bung closure



**1.** Simply squeeze the outlet to stem the flow of urine, and release the bung.

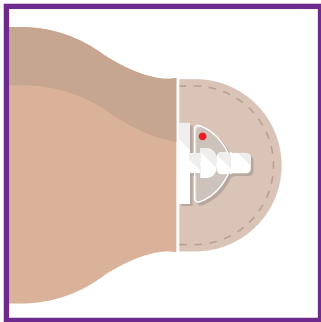


**2.** Drain your pouch as normal. It is advisable to leave a small amount of urine in the pouch before connection to your Night Drainage System.

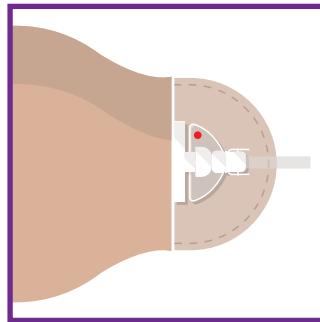


**3.** Squeeze the outlet again and simply connect the night drainage tube directly into the outlet.

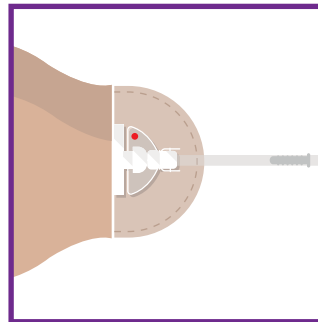
# How to connect your Night Drainage System: Tap closure



**1.** Twist the tap 180° to allow urine to flow out (the red dot should now be showing). It is advisable to leave a small amount of urine in the pouch before connection.



**2.** When ready, clip the adaptor onto the end of the tap by pushing it slightly until you hear a click.



**3.** Once in position, push the end of the night drainage bag into the adaptor. To remove, apply pressure to the lower section of the arms, either side of the adaptor and pull.



# Empty and disposal of your Pelican Night Drainage:

## Drainable Night Bags

Simply direct the outlet into the toilet then open the drainage tap (see pictures). Always remember to close the tap after emptying and thoroughly rinse between wear. You should change your bag every 5-7 days.

## Non-Drainable Night Bags

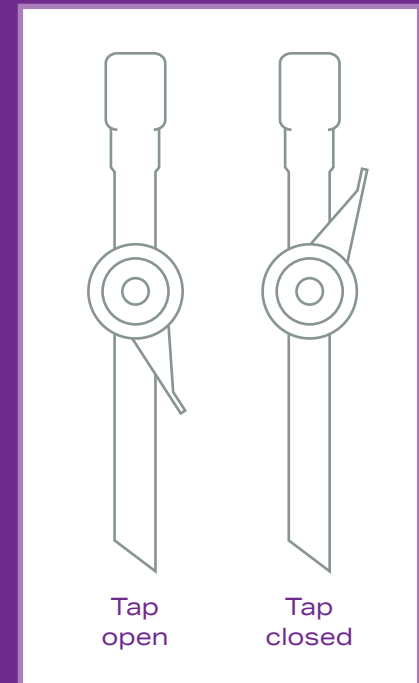
Tear along the strip at the top of the bag, and empty by holding it at the base and pouring into the toilet.

## Disposal

For disposal please contact your Stoma Care Nurse who will advise on local authority guidelines.

**N.B:** Always wash and dry your hands thoroughly prior to emptying or connecting your Night Drainage System.

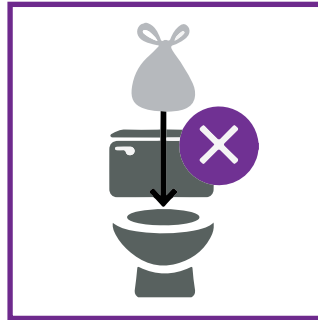
Product description	Product code	Pack size
Non-Drainable	133100	10
Drainable	133200	10



# Disposal



Place used products into waste bag and waste bin.



Do not flush product down the toilet. Dispose of waste products in accordance with local guidelines.

# Warnings and cautions

Consult a healthcare professional if any skin irritation, redness or discomfort around the stoma is experienced. Re-use of a single use product may have potential to harm the user due to the risk of contamination and impairment in product function.

## Other information

Store flat in the carton between 10° and 30° Celsius. Do not refrigerate. Keep dry. Do not use if packaging damaged.

Pelican Healthcare Ltd accepts no liability for any injury or other loss that may arise if this product is used in a manner contrary to Pelican Healthcare Ltd current recommendations. Any serious incident encountered, in relation to the use of this device, should be reported to the manufacturer and the competent authority in the country of use.



Temperature limit



Keep dry



Do not reuse



Consult instructions for use



Medical Device



Do not use if package is damaged



IFU paper recyclable



Latex free



Manufacturer



Authorized representative in the European Community/ European Union

**pelican**  
HEALTHCARE



## Pelican Healthcare Ltd

Greypoint, Cardiff Business Park,  
Cardiff, CF14 5WF



## Eakin B.V.

Medelse Poort, Biezenwei 23,  
4004 MB Tiel, Netherlands

For any additional information:

Call **0800 318 282**

Visit **pelicanhealthcare.co.uk**

Email **contactus@pelicanhealthcare.co.uk**

 PelicanHealthcare

 PelicanHealthcareLtd

 PelicanHealth



© 2021 Pelican Healthcare Ltd



S7025 Rev 2  
15/06/21

an eakin company 