# Instructions for use

**Closed & Drainable** 





# About this product

The enclosed Pelican 1-piece pouches are used to collect output from a stoma. The baseplate attached to the pouch is intended to adhere to intact peristomal skin. Individual wear times may vary.

A convex option may be suitable for retracted, flush or other challenging stomas only after assessment from a stoma care professional.



### How to apply your pouch



#### 1. Choosing the correct size pouch

If your stoma is round then your Pelican pouch may be available in pre-cut sizes which will give you a snug fit. Use the enclosed measuring guide and choose a hole size which is the same, or slightly larger than your stoma.



#### 2. Cutting the baseplate (on cut-to-fit pouches only)

If your stoma is not round or you wish to cut a particular circle, trace the shape onto the release film and cut with a curved scissors, taking care not to cut through the pouch film on the other side. An accurate fit reduces the risk of leaks and skin problems.

# How to remove your pouch





**3. Applying the adhesive baseplate** First prepare skin by ensuring the area aroundyour stoma is clean and dry. Remove the release film. Fold back the top of the pouch and locate by placing the lower part of the baseplate below the stoma. Now press the baseplate against your skin and smooth it with your fingers. Gently remove the pouch by peeling the baseplate downwards and away from the skin. Apply light pressure to your skin with your free hand to aid removal.

#### How to drain your pouch







**1.** Unfasten the closing strips and unfold the outlet. Empty the contents. To make a larger outlet for emptying and/or cleaning, flex the bottom of the pouch and pull the opening tab.

**2.** Wipe the outlet clean. To close and secure simply refold the outlet and fasten the closing strips.

**3.** The Velcro<sup>®</sup> tab under the cover will allow you to tuck the outlet up for additional comfort.

## How to use the filter covers







These can be used on our colostomy and ileostomy pouches and are normally used when bathing or to prevent 'pancaking' (when the firmer stool stays around the stoma and does not drop into the pouch). A filter cover can be applied by lifting up the split fabric and placing the cover over the filter which can be seen as a dark circle. Remember to remove filter cover once air level has balanced or once finished bathing/showering. Place used products into waste bag and waste bin.

Do not flush product down the toilet. Dispose of waste products in accordance with local guidelines.

## Warnings and cautions

Consult a healthcare professional if any skin irritation, redness or discomfort around the stoma is experienced. Re-use of a single use product may have potential to harm the user due to the risk of contamination and impairment in product function.

Skin adhesion and wear time may be reduced in conditions of elevated temperature or humidity, or if the baseplate is re-positioned after first application.

In order to achieve correct fitting ensure the stoma template is large enough and the bag is applied as instructed. Incorrect fitting may lead to skin damage e.g. broken skin, rash, irritation and potential infection.

## Other information

Store flat in the carton between 10° and 30° Celsius. Do not refrigerate. Keep dry. Do not use if packaging damaged.

Pelican Healthcare Ltd accepts no liability for any injury or other loss that may arise if this product is used in a manner contrary to Pelican Healthcare Ltd current recommendations. Any serious incident encountered, in relation to the use of this device, should be reported to the manufacturer and the competent authority in the country of use. A serious incident is one involving serious deterioration in health or patient death.





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