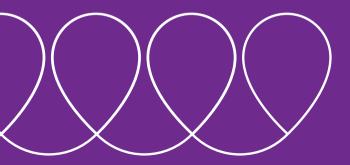
# Instructions for use

**Urostomy Pouches** 





## About this product

The enclosed Pelican 1-Piece Urostomy pouches are used to collect urine from a stoma. The baseplate attached to the pouch is intended to adhere to intact peristomal skin. Individual wear times may vary.

A convex option may be suitable for retracted, flush or other challenging stomas only after assessment from a stoma care professional.

Our Pelican Urostomy pouches are compatible with our Pelican Night Drainage Pouches.

The Pelican Night Drainage pouches can be connected to our Urostomy pouches with a bung outlet without the need for an additional adaptor. The Universal connector allows simple and easy connection to our Urostomy pouches with a tap outlet via the handy adaptor supplied with the Night Drainage pouches.



## How to apply your pouch



#### 1. Choosing the correct size pouch

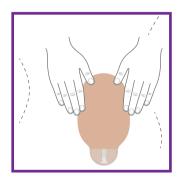
If your stoma is round then your Pelican pouch may be available in pre-cut sizes which will give you a snug fit. Use the enclosed measuring guide and choose a hole size which is the same, or slightly larger than your stoma.



#### 2. Cutting the baseplate (on cut-to-fit pouches only)

If your stoma is not round or you wish to cut a particular circle, trace the shape onto the release film and cut with a curved scissors, taking care not to cut through the pouch film on the other side. An accurate fit reduces the risk of leaks and skin problems.

## How to remove your pouch



**3. Applying the adhesive baseplate** 

First prepare skin by ensuring the area around your stoma is clean and dry. Remove the release film. Fold back the top of the pouch and locate by placing the lower part of the baseplate below the stoma. Now press the baseplate against your skin and smooth it with your fingers. Gently remove the pouch by peeling the baseplate downwards and away from the skin. Apply light pressure to your skin with your free hand to aid removal.

#### How to empty your pouch: Bung closure

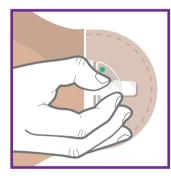


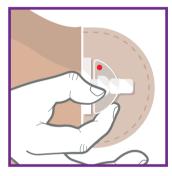
**1.** Before removing the cap, turn the outlet upwards and squeeze the bung firmly to stop the flow of urine.

2. Continuing to squeeze the bung firmly, release the cap and point the bung towards the toilet. Now release the pressure on the bung so the urine begins to drain from the pouch.

**3.** Ensure the pouch is completely empty, dry the outlet with tissue and replace the cap.

## How to empty your pouch: Tap closure





Tap closed Tap open

**1.** Before twisting the tap to open, position the outlet to point towards the toilet. Ensure the green dot is visible, indicating the tap is closed.

2. With the outlet pointing towards the toilet, twist the tap to the open position. The red dot will appear. The urine will now drain from the pouch. **3.** Ensure the pouch is completely empty, dry the outlet with tissue and twist the tap back to the closed position. The green dot will be visible confirming the tap is closed.

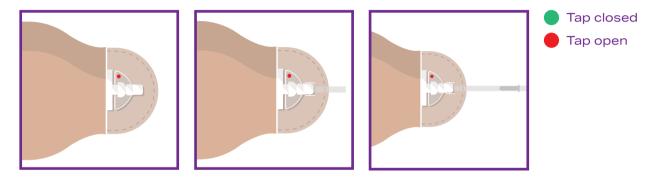
### How to connect your Night Drainage System: Bung closure



**1.** Simply squeeze the outlet to stem the flow of urine, and release the bung.

**2.** Drain your pouch as normal. It is advisable to leave a small amount of urine in the pouch before connection to your Night Drainage System. **3.** Squeeze the outlet again and simply connect the night drainage tube directly into the outlet.

## How to connect your Night Drainage System: Tap closure



**1.** Twist the tap 180° to allow urine to flow out (the red dot should now be showing). It is advisable to leave a small amount of urine in the pouch before connection.

2. When ready, clip the adaptor onto the end of the tap by pushing it slightly until you hear a click. **3.** Once in position, push the end of the night drainage bag into the adaptor. To remove, apply pressure to the lower section of the arms, either side of the adaptor and pull.

## Empty and disposal of your Pelican Night Drainage:

#### **Drainable Night Bags**

Simply direct the outlet into the toilet then open the drainage tap (see pictures). Always remember to close the tap after emptying and thoroughly rinse between wear. You should change your bag every 5-7 days.

#### **Non-Drainable Night Bags**

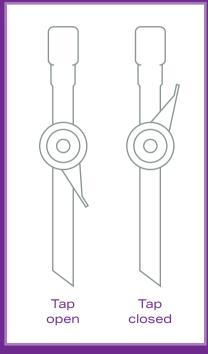
Tear along the strip at the top of the bag, and empty by holding it at the base and pouring into the toilet.

#### Disposal

For disposal please contact your Stoma Care Nurse who will advise on local authority guidelines.

**N.B:** Always wash and dry your hands thoroughly prior to emptying or connecting your Night Drainage System.

Product description	Product code	Pack size
Non-Drainable	133100	10
Drainable	133200	10



## Disposal



Place used products into waste bag and waste bin.

Do not flush product down the toilet. Dispose of waste products in accordance with local guidelines.

## Warnings and cautions

Consult a healthcare professional if any skin irritation, redness or discomfort around the stoma is experienced. Re-use of a single use product may have potential to harm the user due to the risk of contamination and impairment in product function.

Skin adhesion and wear time may be reduced in conditions of elevated temperature or humidity, or if the baseplate is re-positioned after first application.

In order to achieve correct fitting ensure the stoma template is large enough and the bag is applied as instructed. Incorrect fitting may lead to skin damage e.g. broken skin, rash, irritation and potential infection.

## Other information

Store flat in the carton between 10° and 30° Celsius. Do not refrigerate. Keep dry. Do not use if packaging damaged.

Pelican Healthcare Ltd accepts no liability for any injury or other loss that may arise if this product is used in a manner contrary to Pelican Healthcare Ltd current recommendations. Any serious incident encountered, in relation to the use of this device, should be reported to the manufacturer and the competent authority in the country of use. A serious incident is one involving serious deterioration in health or patient death.



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